

WHAT IS DOMESTIC ABUSE?



Domestic abuse is not always physical violence. It can also include, but is not limited to:

- coercive control and 'gaslighting'
- economic abuse
- online abuse
- verbal abuse
- emotional abuse
- sexual abuse

Signs to look for

If you believe that you or someone else could be a victim of domestic abuse, there are signs that you can look out for including:

- being withdrawn
- having bruises
- controlling finances
- not being allowed to leave the house
- monitoring technology use such as social media platforms
- absence from work or social groups

Where to get help

If you believe you are being abused, or worried you may commit domestic abuse, please use the services on this page.

If you suspect that your neighbours or those in your community are victims of domestic abuse, we encourage you to report it to the police calling 999 if you or a person's safety is in danger.

Coventry Council

Safeguard referral

Tel: 02476 228952

Domestic Violence Partnership

Tel: 02476 833003

Coventry Haven Womens Aid

Tel: 0800 111 4998 or 0247 444077

<https://www.coventryhaven.co.uk/>

Refugee and Migrant Centre

Tel: 02476 227754

Email: info@covrefugee.org

Website: www.covrefugee.org

Stoke Council

Adult concerns/safeguarding/mental health

Tel: 0800 561 0015

Domestic abuse

Perpetrators helpline

Tel: 01785 601690

24 hour helpline for victims

Tel: 0300 303 3778

How you can find out if the partner has a history of domestic violence or abuse

Staffordshire

Staffordshire Womens Aid

Tel: 0300 230 5959

<https://www.staffordshirewomensaid.org/>

Shropshire

Shropshire Domestic Abuse Services

Tel: 0300 303 1191

<https://www.shropsdas.org.uk/>

Black Country

Black Country Womens Aid

Tel: 0800 2000 247

<https://blackcountrywomensaid.co.uk/><https://blackcountrywomensaid.co.uk/services/domestic-abuse/>

Birmingham

Birmingham and Solihull Womens Aid

Tel: 08008 800 0028

<https://bswaid.org/>

Hereford and Worcester

West Mercia Womens Aid

Tel: 0800 980 0028(Worcestershire) Tel: 0800 783 1359 (Herefordshire)

Urgent immigration issues

Tel: 0800 678 1767

National Domestic abuse helpline

Tel: 0808 2000 247

www.refuge.org.uk

Website where men can get support

www.respect.uk.net

Tel: 0808 802 4040

Website where support can be given to anyone concerned about their behaviour